

Peer Mentors (PRS)

1.0 INTRODUCTION

Peer Mentor (PRS) is a student who has been trained in basic counseling and communication skills. They serve as an effective guide to peer, especially to those who need help.

2.0 RATIONALE FOR THE FORMATION

1. To meet service demands in view of insufficient guidance and counselling teachers.
2. To assist guidance and counselling in creating learning climate in the school.
3. To influence students' behaviours positively in view of increasing challenge faced by teenager.
4. Reduced adult influence on teenagers hence peers influence play an important role in their lives to guide and lead.

3.0 SERVICES PRINCIPLES OF PEER MENTOR

1. Ready and willing to help regardless of religion, race, gender, status, physical and behaviour.
2. Adheres to service ethics

4.0 PHILOSOPHY

Self-help to help others

5.0 VISION

To produce noble peer mentors with strong personality, outstanding character, quality values and resilience.

6.0 MISSION

To develop and produce balanced individuals from all aspects of physique, emotion, intellect and spirit.

7.0 OBJECTIVES

1. Cultivate loving and caring culture as well as helpful attitude among students.
2. Instil student's self-confidence and appreciative of values as well as have faith in God.

3. To develop individuals with potential leadership skills and be sensitive, thoughtful, willing, obedient, helpful and able to live comfortably in society.

8.0 ROLES OF PEER MENTORS

1. As friends who are sensitive to the feelings of others and the environment
2. As service support, Peer Mentors help mobilise counselling service in schools
3. As one of the sources to friends who are in need of help
4. As role model to other students
5. As facilitators who are open, optimistic, confident, comfortable and empathy.
6. To accept friends openly without conditions.
7. To listen, clarify and help others find few alternatives before making a decision.
8. To provide encouragement and mental support for friends to take positive steps.
9. To recognise that not all problems can be solved
10. To lead friends look at the problem objectively and find a solution so that they learn through their own experience.
11. To run Peer Care Programmes and be able to influence the involvement from other participants.
12. To prioritize the well-being and understand the self-limitations of help.

9.0 ETHICS OF PRS

1. Trustworthy and confidentiality.
2. Be aware of self-limitations and capabilities
3. Acceptance and respectful to others
4. To comply to rules of school and norms of society and nation
5. To strive for self-improvement from all aspects
6. To report complicated cases to counsellors or teachers